

# WASHINGTON NATIONAL GUARD JOINT SERVICES SUPPORT

Joint Services Support Director (253) 512-8790 Cell: (253) 606-9271

## Sexual Assault Prevention and Response 24/7 Hotline: (253)-307-6483 DoD Safe Helpline: (24/7) (877)-995-5247

SARC: (253) 512-1365 Victim Advocate: (253) 512-7881

## Resilience, Risk Reduction & Suicide Prevention Suicide HOTLINE: 1-800-273-TALK (8255)

Office: (253) 512-1357/Cell: (253) 318-9827 State Resiliency Coordinator Office: (253) 512-1341 Suicide Prevention Coordinator Office: (253) 512-1342/Cell: (253) 370-1709 Risk Reduction Coordinator Office: (253) 512-8829 Substance Abuse Prevention Coordinator Office: (253) 512-8394/Cell: (253) 237-4397

Military Family Life Consultant (253) -310-1919

# Director of Psychological Health - Air Guard

West: (253) 512-2048/(253) 512-2030 Cell: (253) 905-4620 East: (509) 247-7087/Cell: (509) 979-0051 Alcohol/Substance Abuse Prevention Coordinator (253) 512-8394/Cell: (253) 212-6285

# **Work For Warriors**

Camp Murray: (253) 512-8727 (253) 512-1346 or (253) 512-1351 Vancouver: (360) 604-7320 Spokane: (509) 532-2795 Moses Lake: (509) 762-3755 Kent: (253) 945-1821

**Master Resiliency Training Program** Camp Murray: (253) 512-1341

Employer Support of the Guard and Reserve

State: 1-877-306-1971 National: 1-800-336-4590



www.mil.wa.gov/family-programs www.militaryonesource.mil www.esgr.mil

@JSSWA @WNGR3SP @WashingtonStateSOS @wangyyouthservice

# **State Family Programs Director**

(253) 512-8723 Cell: (253) 861-4973

# Military Soldier and Family Readiness Specialist:

Lead: (253) 512-7869/(253) 355-5124 Military and Family Readiness Specialists: Hotline call 1-800-364-7492 (24/7)

Olympia: (360) 742-5749 / Cell: (360) 628-7195 Marysville: (360) 436-2423 / Cell: (253) 355-6388 Bremerton: (360) 473-2411 / Cell: (253) 355-5875 Yakima: (509) 469-4638 / Cell: (509) 844-4059 Spokane: (509) 532-2775 / Cell: (509) 630-0701 Kent: (253) 945-1876 / Cell: (253) 327-3498 Vancouver: (360) 604-7303 / Cell: (253) 355-6239 Camp Murray: (253) 512-1331 / Cell: (253) 254-1906 Camp Murray: (253) 512-8345 / Cell: (253) 208-8602 JBLM: (253) 912-3143 / Cell: (253) 355-5936

Child & Youth Services Camp Murray: (253) 548-4942

**Yellow Ribbon Reintegration Program** Army: (253) 512-8551 Air: (253) 512-3259

Airman & Family Readiness Program Manager Camp Murray: (253) 512-3397 FAB: (509) 247-7009

Survivor Outreach Services Camp Murray: (253) 512-8756 / Cell: (253) 202-0982 Spokane: (509) 532-2863 / Cell: (509) 598-0645

**WAARNG Transition Assistance Specialists** Camp Murray: (253) 512-8722

**Reserve Component Transition Assistance Advisor** Western Washington: (202) 987-3928 Eastern Washington: (202) 987-3896

**Washington Military OneSource State Consultant** 253-303-2751 / 1-800-342-9647







The Washington National Guard Joint Services Support (JSS) is designed as an integrated organization consisting of 13 different programs; each with its own team of Subject Matter Experts. The programs work together to provide excellent services and resources for Service Members, their Families and Veterans. All services are conveniently housed under one roof at Building 3 on Camp Murray and satellite/JSS sites are located at various armories and Readiness Centers throughout the Washington state.

#### Sexual Assault Prevention and Response (SAPR)

Sexual Assault Prevention & Response (SAPR): Conducts comprehensive program that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability.

#### Resilience, Risk Reduction & Suicide Prevention (R3SP)

**Resilience:** Efforts to increase physical and psychological health and enhance the performance of Service members, families, and DoD civilians.

**Substance Abuse:** A continuum of substance abuse services to include; reducing risk through prevention education, deterrence with drug testing, assessment, Unit Risk Inventory (URI), and risk mitigation plans.

**Suicide Prevention:** The development and enhancement of policies, training, data collection and analysis, community resources, and strategic communications designed to minimize suicidal behavior.

#### Military Family Life Consultant (MFLC)

MFLCS provide free, confidential, short term, non medical, solution focused counseling for WNG and their families. MFLCs can support WNGs and their families with stress management, deployment and reintegration, transitions, relationships, managing work related problems and grief and loss. They also offer guidance with staff and support personnel.

#### **Psychological Health Program:**

Advocates, promotes, and guides National Guard Members and their Families by supporting psychological fitness for operational readines**s.** 

#### Alcohol/Substance Abuse Prevention Coordinator

We coordinates all substance abuse and risk reduction activities, assists commanders in identifying and referring Soldiers with known or possible substance abuse issues, and monitors and evaluates referral, separation and completion rates. Conduct prevention training and administer the Unit Risk Inventory to all Units. Train all Unit Prevention Leaders and provides guidance on monthly urine analysis and guidance to leadership when urine analysis are positive.

#### Work For Warriors (WFW)

Assists Service Members with developing employment opportunities through: career guidance, Job skills assessments, resume development and interview skills development.

#### Master Resiliency Training (MRT) Program

Provides leaders with an opportunity to enhance their leadership and effectiveness as well as teach resilience skills to Soldiers, family members, and DA civilians. 14 skills are taught allow Soldiers to develop themselves and others as well as develop the ability to understand their own thoughts, emotions and behaviors. This helps to master skills to strengthen relationships, communication strategies, and discuss problems effectively.

## Employer Support of the Guard and Reserve (ESGR)

A DOD Program to promote cooperation and understanding between Guard & Reserve Service Members and their civilian employers. Supported by over 70 volunteers throughout Washington State from small business, government and industry.

#### Military Soldier and Family Readiness Specialist:

Provides comprehensive, coordinated, responsive services in support of Service Members, Families, and Veterans of all branches. Essential services include: crisis intervention; counseling; financial resources; Tri-Care medical and dental resources; legal resources; DEERS enrollment eligibility; outreach information and referrals to appropriate service agencies. Empower Commanders and SFRGs in their duty to deliver the "Total Army Family Program" so that Soldiers and Families are informed, educated, assisted, and ready for the unique demands of military life before, during, and after deployment.

#### Yellow Ribbon Reintegration Program (YRRP)

Provides information and resources to Service Members and their Families, follows the deployment cycle with tailored events and information, and provides resources for children on the topic of deployment.

## Child & Youth Services (CYS)

Positively impacts Service the Member / Family Readiness, Resilience, Retention and Quality of Life by providing secure, timely, flexible and quality Youth Development opportunities and resources through promoting the overall well-being of National Guard Youth.

#### Survivor Outreach Services (SOS)

Embraces and reassures Survivors that they are continually linked to the "Military Family" through a unified support program that enables survivor to remain as an important part of the Military for as long as they choose.

## WAARNG Transition Assistance Specialists (TAS) & Reserve Component Transition Assistance Advisor (TAA)

Assists with compensation for injuries or illness sustained because of military duty. Helps with VA processing for qualified programs, locating military/medical history and provides referrals to all other federal/state programs.

#### Camp Murray Military OneSource (MOS)

Military OneSource is your 24/7 connection to information, answers and support to help you reach your goals, overcome challenges and thrive. Military OneSource for tax services, spouse employment help, webinars and online training, relocation and deployment tools, and much more.